



# Young In Cheon Tae Kwon Do

## SCHEDULE (Chino Hills) Jan-February

Home of the 2000 USA  
Taekwondo Team Head  
Coach Grandmaster  
Young In Cheon

MONDAY	TUESDAY	WEDNESDAY
<p><b>4:00-4:50 Beginners</b>  <b>4:50-5:40 Advanced</b>  <b>5:40-6:30 Intermediate</b>  <b>6:30-7:20 Black Belts</b>  <b>7:20-8:10 Jr. Adults &amp; Adults</b></p>	<p><b>3:30-4:20 Advanced</b>  <b>4:20-5:10 Intermediate</b>  <b>5:10-5:40 Tiny Tigers</b>  <b>5:40-6:30 Beginners</b>  <b>6:30-8:00 Dream Team</b></p>	<p><b>4:00-4:50 Beginners</b>  <b>5:00-5:50 Sparring (Ages 5-10)</b>  <b>6:00-6:50 Sparring (Ages 11+)</b>  <b>7:00-8:00 Jr. Adults &amp; Adults</b>            Please have sparring equipment on before class starts, thank you.</p>
THURSDAY	FRIDAY	SATURDAY
<p><b>4:00-4:50 Intermediate</b>  <b>4:50-5:40 Black Belts</b>  <b>5:40-6:10 Tiny Tigers</b>  <b>6:10-7:00 Beginners</b>  <b>7:00 -8:00 Jr. Adults &amp; Adults</b></p>	<p><b>4:00-4:50 Beginners</b>  <b>4:50-5:40 Demo Team</b>  <b>5:40-6:30 All Colored Belts</b>  <b>6:30-8:00 Dream Team</b>            *Demo Team is invite only            *Dream Team is invite only</p>	<p><b>9:15 -10:00 Adults &amp; Family</b>  <b>10:15 -11:00 All Colored Belts</b>  <b>11:00 -11:45 Sparring (All Ages)</b></p>
<p>All Color Belts: This is a makeup class, you must still attend your belt appropriate class for Poomsae (Ages 6-11)            Jr. Adult: (Ages 12-17 ALL belts including Black)            Adult Class: (Ages 18+)            Dream Team: Competition Team Sparring/Poomsae</p>		<p>Beginners: White, Yellow, Orange, Green(Ages 6-11)            Intermediate:, Purple, Blue, Sr. Blue, (Ages 6-11)            Advanced: Brown, Sr. Brown, Red, Jr. Black, &amp; Black (Ages 6-11)            Tiny Tigers: Ages (4 &amp; 5)</p>



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