

Current Trial: \$49 for 1 month (New Students Only)

Young In Cheon Tae Kwon Do

Starting October 2019

Home of the 2000 USA Taekwondo Team Head Coach Grandmaster Young In Cheon

MONDAY	TUESDAY		WEDNESDAY
4:00-4:45 Beginners 4:50-5:35 Advanced 5:40-6:25 Intermediate 6:30-7:15 Black Belts 7:15-8:00 Jr. Adults & Adults	3:45-4:30 Advanced 4:30-5:15 Intermediate 5:15-5:45 Tiny Tigers 5:45-6:30 Beginners 6:30-8:00 Team Elite Sparring		4:15-5:00 Sparring (Ages 5-10) 5:15-6:00 Sparring (Ages 5-10) 6:00-6:50 Sparring (Ages 11+) 7:00-8:00 Private Lessons Sparring equipment required Sparring equipment must be on before class
THURSDAY	FRIDAY		SATURDAY
4:00-4:45 Intermediate 4:50-5:35 Black Belts 5:40-6:10 Tiny Tigers 6:10-6:55 Beginners 7:00 -7:45 Jr. Adults & Adults	4:00-5:00 Private Lessons 5:00-5:45 Intermediate & Advanced 5:45-6:30 All Colored Belts 6:30-8:00 Team Elite Sparring *Team Elite is invite only		8:30 – 9:30 Private Lessons 9:30 -10:15 Adults & Family 10:15 -11:00 All Colored Belts 11:00 -11:45 Sparring (All Ages) 12:00 – 1:00 Private Lessons 12:00 - 1:30 Team Elite Poomsae Private Lessons are available in 30min time slots
All Color Belts: This is a makeup class, you must s appropriate class for Poomsae (Ages Jr. Adult & Adults: (Ages 11+ ALL belts in Team Elite USA: Competition Team Sparr	6-11) cluding Black)		ole, Blue, Sr. Blue, (Ages 6-11) 1, Sr. Brown, Red, Jr. Black (Ages 6-11)



Tiny Tigers: Ages (3.5-5)